



THE CROW HOP

STORM'S NEWSLETTER



February 2023 - Introduction

Welcome to “The Crow Hop”. This is a newsletter dedicated to the athletes and families of Storm Fastpitch Organization.

Hopefully you chuckled at the title of our newsletter. I wanted to come up with a softball traditional type name, but one that also pokes a bit of fun at the traditional softball teachings and techniques. Although I believe in the importance of maintaining the traditions of fastpitch softball, I believe more in maximizing the efficiency and effectiveness of every part of the great game of softball. I'll also use The Crow Hop (TCH) to better explain some of our teachings, why I believe our way is better and also provide analytical data to support our beliefs. I'll never say the older traditional teachings are wrong, they've worked for along time, but I will say there are more efficient ways to get the wanted result.

Each addition of The Crow Hop will consist of two pages. The first page will be written towards the older athlete and adults. The second page will be more kid friendly with more basic concepts and simpler vocabulary.

The Spring season is right around the corner and I can't wait to see everyone and get back on the field. Happy New Year to each of you and always my best wishes.

Buck

We have a mascot for our newsletter and her name is Hop. As you can see, Hop is a crow. She spends a lot of time hopping around, when she should be throwing the ball. Whenever Hop appears at the beginning of a column, it signifies this technique goes against typical softball teaching (TST).



Our hope is have TCH published each month, on or about the 15th, February through October. We'll also have a holiday edition in December.

You'll have two ways to read TCH, in your team GroupMe or on our website.

As mentioned previously, we'll never say the older traditional teachings are wrong, they've worked for along time, but we do think there are more efficient ways to get the wanted result. The vast majority, if not all the local high schools and colleges, teach the traditional softball techniques and we will always respect their teachings.

If you would like to help create “The Crow Hop” and join the team, please send Buck a private text.

Until next time.... Keep the hops to a minimum!!